

Claude Werner Laviano

p h o t o g r a p h e r

Shutter Speed

Set your Control Dial to "S" (Nikon) or "Tv" (Canon).

Set your ISO to 400; this is a good base-line or starting ISO.

If there is more sun light, like a bright sunny day then use a lower ISO, 100, 200.

If there is less sun light, such as indoors or in a darker room, then use a higher ISO, 800, 1600, 3200

Keep approximately 1 foot of space between the subject and the top and bottom of the camera's frame for each lens focal length.

Have the subject anywhere from 10 - 20 feet, or farther, away from the background.

Take photos of the subject at the following Lens Focal Lengths and Shutter Speeds listed below:

Lens Focal Length	Slowest Shutter Speed Matches The Lens Focal Length	Fastest Shutter Speed
18 mm	1/18 second	1/500 second
35 mm	1/35 second	1/500 second
45 mm	1/45 second	1/500 second
55 mm	1/55 second	1/500 second
70 mm	1/70 second	1/500 second
100 mm	1/100 second	1/500 second
135 mm	1/350 second	1/2500 second
200 mm	1/200 second	1/2500 second
250 mm	1/250 second	1/2500 second
300 mm	1/300 second	1/2500 second

General Rule: The Slowest Shutter Speed = The Lens Focal Length

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